

# megabites

PACKED WITH GOODNESS

ABOUT US

## MENU TERM 1 2022

## RECESS

COLD FOOD	GRANOLA YOGHURT CUP	3
	FRUIT SALAD	2.5
	SUSHI HAND ROLL	3
	DAILY MUFFIN	2.5
	DAILY ½ WRAP	3
	TRAIL MIX	2
	POPCORN	.5

HOT FOOD	PLAIN CHEESIE	3
	PIZZA CHEESIE	3
	GARLIC BREAD	2.5
	CHEESE TOASTIE	2
	HAM AND CHEESE TOASTIE	2.5
	CHICKEN OR HAM TURKISH MELT	6
	ROAST VEGE TURKISH MELT	6
	BOLOGNESE PASTA	5

DAILY RECESS	MEGABITES DELIGHTS	
mon	MEGABITES	3
tus	POP-UP	3
wed	DAILY	3
thu	SPECIALS	3
fri	!!!!!!	3

DRINKS	WATER 600ML	2
	SPARKLING WATER 500ML	2.5
	EMMA & TOMS JUICE 250ML	2.5
	SMOOTHIE	2.5
	WEEKLY T2 ICED TEA	2.5
	PROTEIN SMOOTHIE	3.5
	COLD PRESSED JUICE BLEND	3.5
	EMMA & TOMS JUICE 350ML	3.5

## LUNCH

SANDWICH	CHICKEN/HAM/EGG/TUNA/CHEESE	4.5
	With salad	
	SALAD ONLY	4
	ROLL OR WRAP	1
Extras	SUNDRIED TOMATOES/AVO/ CHUTNEY/CHEESE	0.5

TOASTED	CHEESE SANDWICH	2
	HAM & CHEESE SANDWICH	2.5
	CHICKEN & CHEESE	3.5
	TOMATO & CHEESE	2.5
	AVOCADO & CHEESE	3.5

TURKISH MELT	HAM/CHICKEN/ROAST OR GRILLED VEGE WITH CHEESE, SPINACH, MAYO	6
extras	AVO/SUNDRIED TOMATOES	ea 0.5

SUSHI	TUNA/CHICKEN KATSU/VEGETARIAN	5.5
	TEMPURA PRAWN/CRABSTICK	5.5
	TERIYAKI CHICKEN	5.5

RICEPAPER ROLLS (FRIDAY ONLY)	CHICKEN/TUNA/VEGETARIAN/PRAWN	5.5
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SALADS	CHICKEN NOODLE SALAD	5.5
	CEASAR SALAD	5.5
	GREEK SALAD	5
	GARDEN SALAD	4.5
	ROAST VEGE SALAD	5.5

PASTA	BOLOGNESE PASTA	5
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PIZZA	MARGARITA/ HAM AND CHEESE HAWIIAN/PEPPERONI	5
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MEAL DEAL	PIZZA & GARLIC BREAD	7
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DAILY LUNCH	MEGABITES DELIGHT	
mon	MEGABITES	6
tue	POP-UP	6
wed	DAILY	6
thu	SPECIALS	6
fri	!!!!!!	6

SNACKS	FRUIT SALAD/TRAIL MIX/MUFFINS	2.5/2/2.5
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ICEPOPS	VARIOUS	2.5
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Megabites is operated and run by a team of passionate staff and volunteers. All of our food is homemade or sourced from local small businesses, using fresh wholesome produce served in 100% biodegradable packaging. Feedback, suggestions and dietary requirements are welcome.

FOLLOW US ON INSTAGRAM



FOOD FOR THOUGHT