|  |  |  |
| --- | --- | --- |
| Menu | **TERM 1 2024** |  |
| recess |  |  |
| COLD FOOD | granola YOGHURT cup | 3.5 |
|  | Daily Muffin | 3.5 |
|  | FRUIT SALAD | 3 |
|  | trail mix | 2.5 |
|  | Vanilla/Strawberry yoghurt | 2.5 |
|  | popcorn | .5 |
|  | daily salad special | 6-6.5 |
|  |  |  |
|  |  |  |
|  |  |  |
| HOT FOOD | chicken drumstick | 2-3 |
|  | PLAIN CHEESIE | 3 |
|  | pizza cheesie | 3 |
|  | garlic bread | 3 |
|  | CHEESE TOASTIE | 3 |
|  | HAM AND CHEESE TOASTIE | 3.5 |
|  | CHICKEN OR HAM TURKISH MELT | 6.5 |
|  | ROAST VEGE TURKISH MELT | 6.5 |
|  | DAILY PASTA DISH | 6.5 |
|  |  |  |
|  |  |  |
|  |  |  |
| DAILY recess | MEGABITES DELIGHTS |  |
| mon | MEGABITES | 3-4 |
| tus | POP UP | 3-4 |
| wed | DAILY | 3-4 |
| thu | SPECIALS | 3-4 |
| fri | !!!!!!! | 3-4 |
|  |  |  |
|  |  |  |
| DRINKS | water 600ml | 3 |
|  | Pump water 750ml | 3.5 |
|  | sparkling water 500ml | 2.5 |
|  | WEEKLY T2 ICED TEA | 2.5 |
|  | PROTEIN MILK `DRINK | 4 |
|  | BROWNS CHOC SPLASH | 3.5 |
|  | EMMA & TOMS juice 350ml | 4 |
|  | EMMA & TOMS JUICE 250ML | 3 |
|  | pump water 750ml | 3.5 |
|  | Bobby drinks 330ml | 4 |
|  |  |  |
|  |  |  |

|  |  |
| --- | --- |
| pACKED WITH GOODNESS | |
|  |  | |  |
| LUNCH |  | |  |
| SANDWICH | Chicken/Ham/Egg/tuna/CheesE with salad | | 5 .5 |
|  | SALAD ONLY | | 5 |
|  | roll or wrap | | 1 |
| Extras | Sundried Tomatoes/avo/ chutney/CHEESE | | 1 |
|  |  | |  |
| TOASTED | cheese SANDWICH | | 3 |
|  | HAM & CHEESE SANDWICH | | 3.5 |
|  | CHICKEN & CHEESE | | 4.5 |
|  | TOMATO & CHEESE | | 3.5 |
|  | AVOCADO & CHEESE | | 4 |
|  |  | |  |
| TURKISH  MELT | HAM/CHICKEN/ROAST OR GRILLED VEGE WITH CHEESE,SPINACH,MAYO | | 6.5 |
| extras | avo/sundried tomatoes | | ea 1 |
|  |  | |  |
| SUSHI | WED/FRI only | | 6 |
|  | Tuna/Teriyaki chicken  Vegetarian | | 6  6 |
| SALADS | GARDEN  ROAST VEGE  Daily salad Special | | 5.5  6  6-6.5 |
| Pasta | DAILY PASTA SPECIAL | | 6.5 |
| PIZZA | MARGARITA/ HAM AND CHEESE/Hawaiian/meatlovers/ vegEtarian/pepperoni/bbq chicken | | 6 |
| MEAL DEAL | PIZZA & GARLIC BREAD | | 8.5 |
| DAILY LUNCH MEGABITES DELIGHTs | | | |
| mon | MEGABITES | | 6.5 |
| tue | POP UP | | 6.5 |
| wed | DAILY | | 6.5 |
| thu | SPECIALS | | 6.5 |
| fri | !!!!!!!!! | | 6.5 |
|  |  | |  |
| snACKS | FRUIT SALAD/TRAIL MIX/MUFFINS/POPCORN | | 3/2.5/3.5/ .5 |
| ICEPOPS | PASSIONFRUIT MINT & LIME/DOUBLE CHOC/COOKIES & CREAM/RASPBERRY LEMONADE/WATERMELON LEMONADE | | 3 |

Megabites is operated and run by a team of passionate staff and volunteers.

All of our food is homemade or sourced from local small businesses, using fresh wholesome produce served in 100% biodegradable packaging.

Feedback, suggestions and dietary requirements are welcome.